



# Blue EDGE Impact Report 2025





## Blue EDGE

In 2025, 43 Blue Educate, Develop, Grow, Empower (EDGE) programs were delivered to 542 students in Years 7-9, including 26 in Metropolitan and 10 in regional Victoria. Each program brings together small groups of up to 20 students for eight weekly two-hour sessions led by professional facilitators, with active participation from police and emergency services.

Workshops focus on essential life skills such as emotional regulation, safe decision-making, mental wellbeing, and community connection.

### Outcomes:

- Increased fitness
- Increased self-confidence, resilience, self-belief and inner resources
- Development of leadership skills
- Positive peer relationships
- Increased self-awareness and social skills
- Develop problem solving and conflict resolution skills
- Positive relationships with local police
- Build community connections and have the opportunity to develop civic responsibility



# 94%

of students reported increased confidence in making positive life choices

“

I've learnt more from Blue EDGE than I have the rest of my life in terms of myself.

- Student



*The Blue EDGE Program gave my daughter the confidence to give new things ago and believe in herself.*  
- Parent

**88%**  
of students developed strategies to manage difficult situations



**94%**  
of students knew what their strengths and values were at the end of the program

# Our Young People



32

Programs were held in Metropolitan Melbourne



11

Programs were held in Regional Victoria



45%

Of participants identify as Female



48%

Of participants identify as Male



9%

Of participants identify as Aboriginal and/or Torres Strait Islander



15%

Of participants were born overseas



35%

Of participants had parents born overseas



31%

Of participants speak a language other than English

95 %

Found the Program Welcoming

95 %

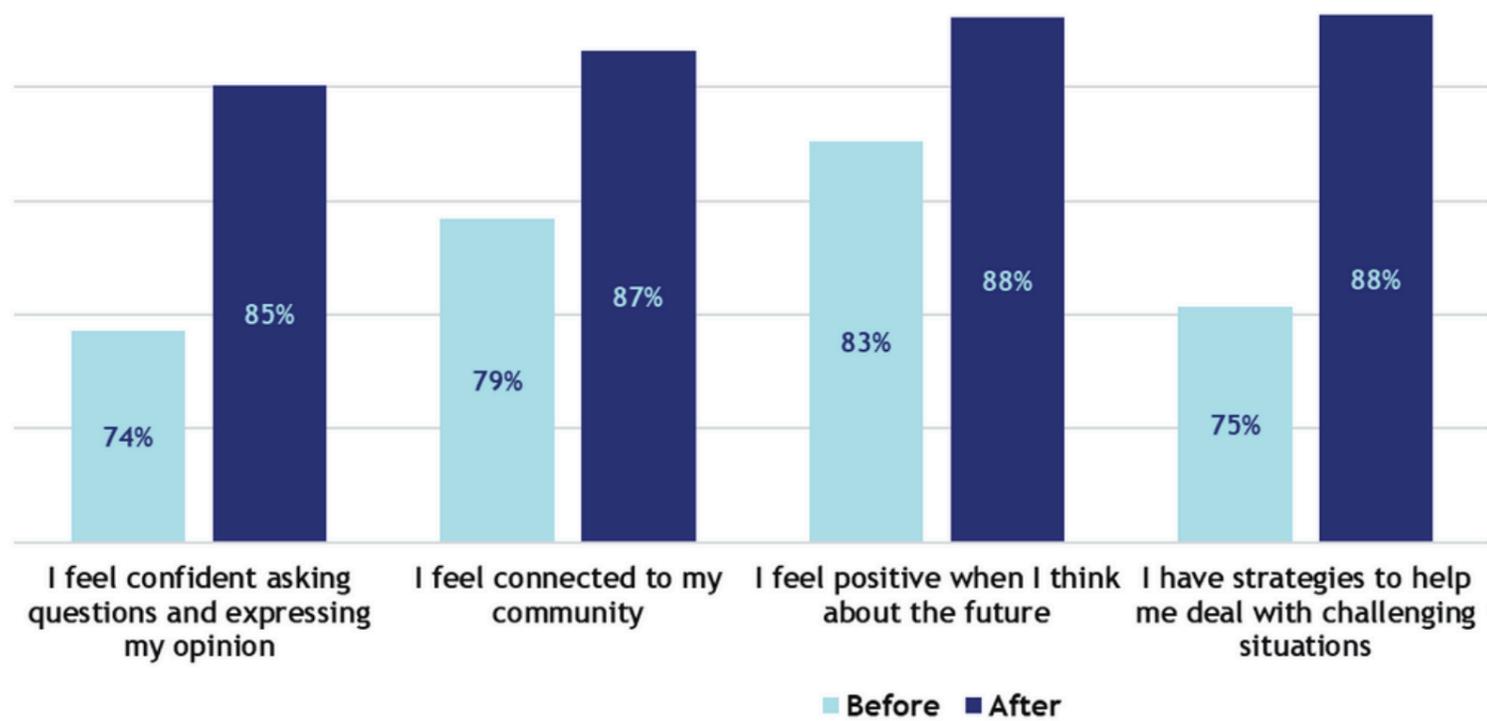
Enjoyed the sessions

86%

Felt Comfortable asking for help if they need it



# Our Impact



“  
*...having that relationship and that trust... it creates someone for them to approach and speak about things that they might have never spoken to a police officer about in the past, which is great.”*  
**- Police Officer**  
 ”

“  
*The Blue EDGE program gave my [child] the confidence to give new things a go and believe in [themselves].*  
**- Family Member**  
 ”

“  
*It was fun and I'd like to do it one day when I'm a police officer.*  
**- Student**  
 ”

“  
*The impact of Blue EDGE could be seen directly in the change in attitudes of the students. They went from disengaged and withdrawn to actively engaged members of the group that not only participated themselves but encouraged their peers.*  
**- Facilitator**  
 ”